

National Weather Service Kansas



Disaster Kit

www.weather.gov

Are you ready?

When Disaster strikes, it pays to be prepared. Having a Disaster Kit prepared will save you time and could save your life. A disaster kit should be in your *designated shelter* and it would also be helpful to have a *smaller version in a small backpack or other containers that are easily carried if you need to evacuate your home*. Disaster kits should be reviewed annually to be kept up-to-date with your family's needs. Items in your kit should include, but are not limited to:

Staple Items

- 3 day supply of Water (1 gallon per person per day)
- 3 day supply of nonperishable, ready to eat food items and manual can opener
 - High Energy Foods, e.g. Peanut Butter
 - Juices, dried Milk
 - Sugar, Salt, Pepper
- First Aid Kit (see list for individual items)
- Flashlight and extra batteries, or ones that generate their own energy by shaking them
- Battery operated or Hand Crank Radio
 - NOAA All-Hazard Weather Radio
- Clothing— Think about the climate, warm and/or cool season clothes
- Shoes
- Sanitation and Hygiene items (such as hand sanitizer, moist towelettes and toilet paper)
- Matches in waterproof container
- Whistle
- Blankets
- Other tools (e.g. hammer, pliers)
- Cash and coins
- Photocopies of important documents, personal ID's and credit cards
- Baby needs
- Special Needs
 - Prescription medications, eye glasses,
 - Contact lens solution, etc.
- Games to pass the time (e.g. cards)

**BE
PREPARED**

First Aid Kit

- Sterile adhesive bandages in assorted sizes
- 2-inch and 4-inch sterile gauze pads
- Hypoallergenic adhesive tape
- Triangular bandages
- Scissors & Tweezers
- 2-inch and 3-inch sterile roll bandages
- Waterless alcohol-based hand sanitizer
- Antiseptic Wipes
- Petroleum Jelly or other lubricant
- Latex Gloves
- Anti-bacterial Ointment
- Aspirin or non-aspirin pain reliever
- Antacid (for upset stomach)
- Cold pack

**KANSAS SEVERE WEATHER AWARENESS WEEK
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Winter Disaster Kit



Winterizing your Disaster Kit

If you live in a cold climate, you must think about warmth. It is possible that you will not have heat during or after a disaster. Think about your clothing and bedding needs. Be sure to include one set of the following for each person to add to your Disaster Kit.

- Jacket or Coat
- Long pants and long sleeve shirt
- Sturdy Shoes
- Hat, Mittens, and Scarf
- Sleeping Bag or Warm Blanket
- Extra Blankets
- Lantern or Flashlight

A Disaster Kit for your Vehicle

You may be in your vehicle when disaster strikes, or possibly stuck in your vehicle in a summer/winter environment. Below are a few items that you should keep in your car as part of your Vehicle Disaster Kit.



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|---|--|
| <input type="checkbox"/> Flashlight and extra batteries | <input type="checkbox"/> Booster/Jumper cables |
| <input type="checkbox"/> Maps | <input type="checkbox"/> Air pump |
| <input type="checkbox"/> Small First Aid Kit | <input type="checkbox"/> Flares |
| <input type="checkbox"/> White Distress Flag | <input type="checkbox"/> Bottled water |
| <input type="checkbox"/> Tire Repair kit | <input type="checkbox"/> Non-perishable foods such as granola bars |

Winter supplies

- Blanket or Sleeping Bag
- Hat and Mittens
- Shovel
- Sand Bags
- Tire Chains
- Windshield Scraper
- Florescent Distress Flag

Summer Supplies

- Sunscreen
- Shade Item (umbrella or wide brimmed hat)
- Bug spray